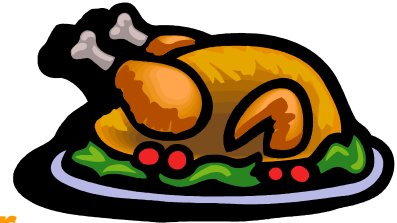


Early Learning Academy November 2008 Newsletter



NOTE FROM MRS. HAO Exciting News!

I am pleased to announce that Early Learning Academy will be moving to a new home in the fall of 2009! We are looking forward to having a brand-new, expanded facility on the Trestle Glen property next to the Colma Bart station, just five minutes from our present facility. I am very excited because I have been helping with the design! Please help to spread the word that our excellent staff, superior academic curriculum, and caring social guidance will continue and will be enhanced by the new facility.

LEARNING CORNER

THEME: Healthy Bodies
LETTERS: Chicks – G, H, I
Pandas – G, H, I
Caterpillars – Review
Ee – Gg, Hh, Ii
NUMBERS: Chicks – 2
Pandas – 4
Caterpillars – 7, 8
SHAPE: Square
COLOR: **Orange**

The children will learn about the different parts of the body, the five senses, personal hygiene, good health, eating habits, and nutrition.

NOVEMBER CALENDAR

Nov 7 Staff Development Day
School Closed
Nov 14 Thanksgiving Potluck
Lunch 11:00
Nov 27 & 28 Thanksgiving Recess
School Closed

HAPPY NOVEMBER BIRTHDAY

Happy Birthday to dear Lea Elarde,
Jada Stine, and Ms. Aike.

SPECIAL EVENT Thanksgiving Feast

Mark the date, because you won't want to miss this celebration! November 14th is the date! Join us in our Thanksgiving Family Potluck Lunch. You are welcome to bring traditional or not-so traditional dishes. A sign-up sheet will be posted.

Santa Claus Volunteer

We need someone to volunteer to act as Santa Claus for our Christmas Party on Friday, December 12 at 9:30 a.m. Please let me know on or before November 10. **We will provide the costume.**

PARENT'S CORNER

But I hate Broccoli

Parents often worry because they think their young children don't eat enough. Some children seem to be naturally finicky. But others simply may be so overwhelmed by the amount of food placed on their plates that they don't know where or how to begin eating.

How much food is enough? And how can we get our children to participate more successfully in mealtimes?

Physicians tell us that a child needs one tablespoon of food per year of age at each meal. That means a 3-year-old needs at least three tablespoons of food at breakfast, at lunch, and at dinner in order to maintain health and growth. These are not the heaping portions that we are tempted to put on our children's plates; they are standard measurement portions.

Allowing children to serve themselves encourages them to eat larger portions of a variety of foods. When children get to control their choices and the amount of food they take, mealtime becomes more enjoyable for them and you. Participation in meal planning and preparation also encourages children to feel that they are a part of the process of mealtime.

A family meal can be a time of conversation and relaxation or a time of frustration and anger. By offering children smaller amounts, the opportunity to help prepare meals, and the chance to serve themselves, we can provide a calmer, more satisfying family time for everyone.



PARENT'S CORNER

Let's Go Outside!

Kids love to play outside! And teachers love outdoor time, too. It's a relaxing, stress-reducing, tension-relieving part of the day, and a time when much development and learning take place.

Physical development is evident outdoors as children learn about their bodies in space, practice important physical skills, and exercise and strengthen muscles. Children also learn social skills - cooperation, turn taking, being on a team. And kids learn about the world around them: they observe changes in the seasons; they watch living things such as bugs and birds; they learn about the earth by collecting rocks and leaves.

The outdoor environment is an extension of the classroom. We plan for this part of the day just as we do for the other parts of the daily routine.

The environment includes equipment that helps encourage learning. For example, climbing equipment helps children develop their motor skills and judgment about what they can safely do; trikes and other riding toys develop balance and coordination.

We often bring classroom equipment outside to enrich the outdoor environment. One day, you might see children painting at the easels, and another day you might notice children playing with or spraying water. The time spent outside is a valuable part of our daily schedule.

Opportunities to climb, run, jump, skip, throw, catch, and use their "outside" voices provide children with a healthy release and break from the quieter activities of the classroom. Being outside allows children to stretch their muscles, breathe in fresh air, take in sunshine, and enjoy the freedom of space.

Hot or cold, outdoor play is always fun for children and important for their growth and development.

Please bring your child's bathing suit on warm days.

Please dress your children in layers, and please make sure your child has a warm coat every day.





→ DON'T
FORGET!

Reminders



PLEASE!!

1. My Child Can't Go Outside Today

Children may only be kept in if there is adequate staffing. In order to provide adequate coverage for all children, we cannot guarantee that a single child can be supervised indoors. Please be sure to send an appropriate jacket in case your child must go out.

If your child is too sick to be allowed out, your child must not be in school.

2. For Part-Time Children

* You may not make up for days when school is closed or when your child was sick or on vacation. You also may not switch days.

* Children may attend, for an additional fee, *if there is room* on days that are not their scheduled days. Please call ahead and check with the office to make a reservation. Visitor days are charged at the following rate:

Full day (7:00 am – 6:00 pm)

\$60.00 per day

Half day (8:00am–12:00pm or 12:00pm – 6:00 pm)

\$40.00 per half day

Child Care Cards

(no expiration; siblings may use together) **\$120.00 for 10 hours**

LOVEABLE GARBAGE

We need your loveable garbage, **new or old** - pants for ages 2-5, blankets, balls, and costumes.

FOR SALE

School T-Shirt - \$14.00

School Sweatshirt - \$22.00

CHILDREN'S CORNER

Fun poems for you & your kids

What makes you healthy?

I'm Glad I'm Me

I'm Glad I'm me and I'm special,
look and see,
My feet can run and dance and walk.
My ears can hear, my mouth can talk.
My hands and arms can stretch out wide.
My face shows how I feel inside.

Healthy, that's me and I'm going to be
Always taking care of me,
so I can grow up happily.

I'm glad I'm me, I have a family.
We help each other when we're sad.
We might get mad, we're often glad.
We make up a country, strong and free.
Americans, all we're proud to be.

Gobble, Gobble

A turkey is a funny bird,
His head goes wobble, wobble,
And he knows just one word.
Gobble, gobble, gobble.

Grace Bajek – broccoli, carrots
Drake Canete – rice
John Paul Cosino – French fries
Nicolas Cruz - vegetables
Sujean Doo - sushi
Victor Espinoza – my lunch
Kira Federoff – food, grapes
Dylan Francis – carrots, apples, bananas
Ryan Hilliard – pizza
Elizabeth Langley – broccoli
Kiely Madrid – carrots, seaweed
Carlos Mayorga - milk
Samantha Santiago – yogurt
Jada Stine - sandwich
Gabriela Tamacas – rice
Tito Toribio - vegetables
Jessica West - milk
Vinnesa Whitaker – spaghetti