

Early Learning Academy

August 2010 Newsletter

Message from Mrs. Hao

Thank you to all the parents who chaperoned and donated food for our Summer Picnic at the Park. The children had a blast!

Thank you to all for making my 25th anniversary at ELA special. I am so blessed that your kids are my business!

Summer is almost over, but there are still a lot of exciting things going on! The Caterpillars are graduating and moving on to new schools, and the other children are looking toward moving up to their new class and new teachers.

Everyone is looking forward to moving, hopefully in late September, to our BRAND NEW SCHOOL in Colma. The final permits are now being issued before the build-out officially begins. There will be three big classrooms, an office for Ms. Susan, and a teacher's work area and lounge. The outside playground already has a spongy new turf. The school is located in the Bridge Housing development next to the Colma Bart Station. We are so excited!

Enjoy the rest of your summer!!!

UNLOADING ZONE....Just One Way

The Daly City Police Department has warned us that they will ticket cars parked in the wrong direction. If you have to park across the street, please turn your emergency lights(blinkers) on so that they know that you are dropping / picking up your child(ren). Thursday and Friday are street cleaning days, so please plan a quick drop on those days.

August/September Calendar

Aug 13



Graduation Program
and Party 2:45 PM
(Limit 2 Guests)

Aug 30 & 31

Get Ready Days
(School Closed)

September 1

Opening Day
New School Year

September 6

Labor Day
(School Closed)



HAPPY AUGUST BIRTHDAYS

Happy birthday to you, happy birthday to you, happy birthday dear Jewel Lucas, Vinnesa Whitaker, and Scott Wong, happy birthday to all of you!

AUGUST 13

BIG DAY for the Caterpillars!

The teachers will be setting up in the morning for graduation, and **we encourage children to rest and stay home that morning**, so that they will be fresh for the ceremony. We will see you at 2:30!



PARENT'S CORNER

DO CHILDREN NEED TO WEAR SUNGLASSES?

Absolutely, says Stuart Dankner, M.D., a pediatric ophthalmologist in Baltimore. Studies have shown that long-term exposure to sunlight can damage the eye's lens, retina, and cornea. Kids should wear shades whenever they're outside, especially if they're lying by a pool or on a beach, where sunlight reflects off water. You can get a decent pair of children's shades for \$10 to \$20 at your local pharmacy, department store, or optician's office. Check the label to make sure that lenses are "100% UVA- and UVB protected" and made from polycarbonate plastic (an impact-resistant, lightweight material).

Nick Jr. Magazine, June/July 2004

DOES SUGAR CAUSE HYPERACTIVITY?

No. The notion of a "sugar high" came from research on one child more than 30 years ago. Though an analysis of 23 students published in the Journal of the American Medical Association debunked the myth over a decade ago, parents still blame sweets for bouncing-off-the-walls behavior. Truth is, some studies have found that small amounts of sugar can increase a child's focus and calmness. But it's still smart to limit sweets, since they're typically low on nutrients, high in empty calories, and can cause tooth decay. "Kids get energetic at birthday parties because they're running around with ten other 4-year-olds, not because of the cupcakes," says, Keith-Thomas Ayoob, Ed.D., R.D., associate professor of pediatrics at Albert Einstein College of Medicine in New York City.

Parent Magazine, July 2010

STUDY EXAMINES TV's EFFECT ON TODDLERS

Simply having a television turned on is enough to distract toddlers from an activity. (AP) A new study finds television may hurt a child's development, even when they are not watching. having a television turned on is enough to distract toddlers from an activity. (AP) A new study finds television may hurt a child's development, even when they are not watching. The University of Massachusetts study found young children who played in a room where the television was on had more difficulty concentrating. They played for shorter periods of time and had difficulty focusing on the play activity. Children who played in a room with the television off appeared more focused. Those children were able to stay with the same activity for twice the amount of time.



Bay Area Parent Magazine, June 2005